TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH & KINESIOLOGY
B.S. DEGREE PLAN IN HEALTH – ALLIED HEALTH

STUDENT _____ **UIN#** _____
(Last) **(First)** **(MI)**

Writing Requirement **HLTH 481 & HLTH 482** **Foreign Language (2 yrs HS OR 2 semesters University)** _____

International and Cultural Diversity (6 hours) **HLTH 236; HLTH 334** **e-mail** _____

COURSE #	HRS	GRD	COURSE #	HRS	GRD
ENGLISH & SPEECH (6)			REQUIRED COURSES (29)		
ENGL 104 (ENGL 1302)	**3**		**HLTH 210 – Intro to the Discipline**	**3**	
COMM 203 (SPCH 1315)	**3**		HLTH 216 (PHED 1206 or 1306)	2	
MATH ELECTIVES (6)			HLTH 221 – Safety	3	
MATH 141 (MATH 1324)	**3**		**HLTH 231 (PHED 1304)**	**3**	
MATH 142 (MATH 1325)	3		HLTH 236# – Race, Ethnicity & Health	3	
SCIENCE (16)			**HLTH 240-Comp Tech (COSC/BCIS 1301)**	**3**	
^BIOL 107 (BIOL 1413)	**4**		HLTH 334# – Women's Health	3	
CHEM 101&111 (CHEM 1411)	**4**		HLTH 403 – Consumer Health	3	
BIOL 319 (BIOL 2401)	**4**		HLTH 410 – Exer & Hlth Prog in Workplace	3	
BIOL 320 (BIOL 2402)	**4**		HLTH 429 – Environmental Health	3	
			HLTH 354- Medical Terminolgy	3	
HUMANITY ELECTIVE* (3)			PROFESSIONAL PHASE (11)		
	3		HLTH 335 – Human Diseases	3	
VIS/PER ARTS ELECTIVE* (3)			HLTH 342 – Human Sexuality	3	
	3		HLTH 353 – Drugs and Society	3	
HISTORY (6)			HLTH 481+ Seminar in Allied Health	1	
HIST* (HIST 1301 or 1302)	3		HLTH 482+ Grant Writing	1	
HIST* (HIST 1302 or 2301)	3		DIRECTED ELECTIVES (18)		
POLITICAL SCIENCE (6)			PSYC 107 (PSYC 2301)- Intro to Psyc	3	
POLS 206 (GOVT 2305)	3		SOCI 205 (SOCI 1301)- Intro to Soci	3	
POLS 207 (GOVT 2306)	3		STAT 302- Statistical Methods	3	
SOCIAL SCIENCE* (3)				3	
	3			3	
KINESIOLOGY (2)				3	
KINE 198 Health and Fitness	1		FREE ELECTIVES (8)		
KINE 199 (S/U) – Req Physical Activity	1				

Courses outlined in **BOLD** indicate classes that **MUST** be taken before admittance to the professional phase of the program.
Courses **SHADED** indicate classes in the **PROFESSIONAL PHASE** of the program.
^Students planning to go to Physician's Assistant, Physical Therapy, Optometry, and Pharmacy schools must take **BIOL 111 (BIOL 1406) & BIOL 112. (BIOL 1407)**
*Refer to the **Undergraduate Catalog**. Electives **MUST** satisfy Core Curriculum.
#Satisfies Core Curriculum International and Cultural Diversity Requirement.
+Taking HLTH 481 and 482 will fulfill the Writing Requirement. Students can register for these courses in the same semester.

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120

ADVISOR _____ DATE _____ PROPOSED GRAD. DATE:

CHAIR, HLTH _____ DATE _____ _____

Allied Health Catalog 136

This guide is intended to assist students in scheduling. Update as advisor indicates.

COURSE	PREREQUISITE	TCCNS.ORG	*ESSENTIAL INFORMATION!!!*
ENGL 104		ENGL 1302	Needed to apply to Professional Phase; Must have a "B/C" combination in ENGL 104 & COMM 203
COMM 203/205		SPCH 1315	Needed to apply to Professional Phase; Must have a "B/C" combination in ENGL 104 & COMM 203
Humanities Elective			See Core Curriculum in Undergraduate Catalog
Visual/Performing Arts Elective			See Core Curriculum in Undergraduate Catalog
MATH 141/166		MATH 1324	Needed to apply to Professional Phase; Must make a "C" or better
MATH 131, 142 or PHIL 240		MATH 1325	Must make a "C" or better
			#Pharmacy and Optometry students may sub Math 151 or 171 for their Math 142 requirement
^BIOL 107/111		BIOL 1413/1406	Needed to apply to Professional Phase; Must make a "C" or better
CHEM 101&111		CHEM 1411	Needed to apply to Professional Phase; Must make a "C" or better
BIOL 319	BIOL 107 or 111&112	BIOL 2401	Needed to apply to Professional Phase; Must make a "C" or better
BIOL 320	BIOL 319	BIOL 2402	Needed to apply to Professional Phase; Must make a "C" or better
HIST - 3 hrs		HIST 1301	See Core Curriculum in Undergraduate Catalog
HIST - 3 hrs		HIST 1302	
POLS 206		GOVT 2305	
POLS 207		GOVT 2306	
Social Science Elective - 3 HRS			See Core Curriculum in Undergraduate Catalog
KINE 198			Must make a "C" or better; Must be taken as graded (not S/U)
KINE 199			Must take Pass/Fail (S/U)
HLTH 210			Needed to apply to Professional Phase; Must make a "C" or better
HLTH 216		PHED 1306	Must make a "C" or better, May use HLTH 216 Waiver if applicable.
HLTH 221			Must make a "C" or better
HLTH 231		PHED 1304	Needed to apply to Professional Phase; Must make a "C" or better
**HLTH 236			Must make a "C" or better
HLTH 240/ISYS 209/210			Needed to apply to Professional Phase; Must make a "C" or better
**HLTH 334			Must make a "C" or better
HLTH 354			Must make a "C" or better
HLTH 403			Must make a "C" or better
HLTH 410			Must make a "C" or better
HLTH 429			Must make a "C" or better
HLTH 335			Must be accepted to Professional Phase; Must make a "C" or better
HLTH 353			Must be accepted to Professional Phase; Must make a "C" or better
HLTH 342			Must be accepted to Professional Phase; Must make a "C" or better
~HLTH 481			Must be accepted to Professional Phase; Must make a "C" or better
~HLTH 482			Must be accepted to Professional Phase; Must make a "C" or better
Directed Electives (18 hours)			Must be chosen from the Directed Electives List; Must make a "C" or better
PSYC 107		PSYC 2301	Must make a "C" or better
SOCI 205		SOCI 1301	Must make a "C" or better
STAT 301,302, 303	MATH 141/166		Must make a "C" or better
Electives - 8 HOURS			Any 8 hours not previously applied to the degree plan; Must make a "C" or better

#Pharmacy and Optometry students please check with your Professional School on your Math requirements

**Courses satisfy International & Cultural Diversity requirement.

^Students planning to go to Physician's Assistant, Physical Therapy, Optometry, and Pharmacy schools must take BIOL 111 & BIOL 112.

~Students may take HLTH 481 and 482 in the same semester

INTENT TO GRADUATE FORM:

DUE September 15th, February 15th, July 1st two semesters prior to graduation!!!!

GENERAL RULES
ALLIED HEALTH
CATALOG 136

I. REQUIREMENTS FOR ADMISSION TO THE PROFESSIONAL PHASE OF THE PROGRAM
The Professional Phase indicates "preparedness" for upper level coursework.

1) Complete the following courses with a grade of "C" or better:

ENGL 104	COMM 203	MATH 141/166	BIOL 107/111	CHEM 101&111
BIOL 319	BIOL 320	HLTH 210	HLTH 231	HLTH 240

*You may be enrolled in these courses during the semester in which you apply
*Must have a 'B/C' grade combination in ENGL 104 and COMM 203
* Students planning to go to Physician's Assistant, Physical Therapy, Optometry, and Pharmacy schools must take BIOL 111

2) Minimum GPR Requirement: 2.5 Overall at TAMU (must have 15 graded hours at TAMU)

3) Submit a resume with application

4) Submit application form by **February 15th for Summer Acceptance, July 1st for Fall Acceptance and September 15th for Spring Acceptance** Forms are available on the website (http://mycehd.tamu.edu).

NOTE: Approximately 3 weeks after the deadline you will be able to check https://howdy.tamu.edu to see that your status has been changed from Health (Lower) to BS- HLTH-Allied Health. This will allow you to register for professional phase coursework. You will receive official notification of your acceptance or denial into the professional phase of the program approximately two weeks after TAMU grades are posted for the semester.

II. DIRECTED ELECTIVES
– Students must select one of the professional school electives areas (nursing, physical therapy, etc.) on the attached document from which to satisfy the 18 hour directed electives requirement.

1. Students must choose a directed elective list before they complete 30 hours.

III. RESIDENCY REQUIREMENT
Students must take **36 hours of upper (300-400) level** course work from TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper level hours in order to meet this requirement. *See Residency Worksheet in packet.*

IV. Requirements for Graduation
1. Submit departmental *Intent to Graduate* form (http://mycehd.tamu.edu) by the deadline (February 15th, July 1st, or September 15th) two (2) semesters **before** graduation semester. (Fall graduation: February 15th; Spring graduation: July 1st; Summer graduation: September 15th)
2. Complete the following courses with a "C" or better: Bolded Classes, Major (HLTH AND KINE), Directed Elective Courses and Free Electives (Also applies to courses transferred to Texas A&M).
3. Minimum GPR Requirement: 2.5 overall at TAMU
4. Successfully complete ALL degree plan courses with required grade in each
5. Apply for graduation and Add/Pay Diploma Fee the semester you are graduating.
6. Transfer all applicable courses to A&M's Records Office.

V. Progress Towards Degree-
Students must show progress towards their degree by completing a combined total of 24 credit hours on their degree plan during the fall and spring semesters. At the end of the spring semester, students who did not complete 24 credit hours on their degree plan will be placed on probation. They must complete at least 12 hours on their degree plan plus make up any additional hours not completed the year before during the next fall semester. Failure to do so will result in dismissal from the department.

VI. HLTH 216
Students must have two hours not being utilized in any other requirement to sub for the HLTH 216 waiver. Students are not allowed to take the HLTH 216 Weekend Waiver course during their final semester at TAMU. Students will have to register for the HLTH 216 course if this occurs.

Allied Health Directed Electives List

Students must select one of the professional school elective areas (nursing, physical therapy, etc.) below to satisfy the 18 hour professional development electives requirement. Directed electives should be used to satisfy requirements to attend professional school in an Allied Health area. In addition to the health classes listed, any other health class not on the degree plan (with the exception of HLTH 331, 415, 425, 440 and 484) can also be used as a directed elective.

To graduate, Texas A&M University students must meet residency requirement of 36 hours of upper level (300-400 level) courses (HLTH 331, 415, 425, 440 and 484 cannot be used to satisfy this requirement). Students must select electives *wisely* in order to meet the residency requirements in this degree. Please consult with your advisor about this requirement.

*The lists below reflect courses that are required by all or some of the professional school(s) in Texas. Please visit with the office of **Professional School Advising** to learn more about the specific requirements of the school(s) you wish to apply for admissions. Each professional school will have its own requirements.

Nursing

BIOL 206 or 351 (4 hrs)
NUTR 202 (3 hrs)
PHIL 111 or 251 (3 hrs)
PSYC 2314 (3 hrs)

Physician Assistant

BIOL 112 (4 hrs)
BIOL 351 (4 hrs)
CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
BICH 303 or 410 (3 hrs)
NUTR 202 (3 hrs)
GENE 301, 302 or 310 (3 hrs)

Occupational Therapy

PHYS 201 (4 hrs)
PSYC 306 (3 hrs)
PSYC 2314 (3 hrs)
PSYC 335 (3 hrs)

Physical Therapy

BIOL 112 (4 hrs)
CHEM 102/112 (4 hrs)
PHYS 201 (4 hrs)
PHYS 202 (4 hrs)
PSYC 2314/307 or 306 (3 hrs)

Optometry

PHYS 201 (4 hrs)
PHYS 202 (4 hrs)
BIOL 112 (4 hrs)
CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
BIOL 351 (3 hrs)
BICH 410 (3 hrs)

Pharmacy

BIOL 112 (4 hrs)
CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
CHEM 228/238 (4 hrs)
BIOL 351 (4 hrs)
PHYS 201 (4 hrs)
GENE 302 (4 hrs)

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health
Allied Health (AHO)

The flow chart below is designed to help the student determine when they should take certain courses. See back of this sheet for courses laid out in a four year plan.

- Prerequisite courses are denoted by arrows.
- All bold courses must be completed prior to admission in the professional phase.
- Students may not take courses in the last column until they have been admitted to the professional phase of the program.
- See the General Rules handout for more information regarding admission to the professional phase.

Courses with no prerequisites Typically taken Year 1 and 2	**Courses with prerequisites or upper level standing required.**	**Professional Phase Courses**
ENGL 104		HLTH 342
COMM 203		HLTH 335
MATH 141 OR 166 →	STAT 302	HLTH 353
MATH 131, 142 or PHIL 240		HLTH 481+
BIOL 107 OR BIOL 111 &112 →	**BIOL 319**	HLTH 482+
CHEM 101&111	**BIOL 320**	
HIST (3hrs)		
HIST (3hrs)	HLTH 334	
POLS 206	HLTH 354	
POLS 207	HLTH 403	
KINE 198	HLTH 410	
KINE 199 (S/U)	HLTH 429	
HLTH 210		
HLTH 216		
HLTH 221		
HLTH 231		
HLTH 236		
HLTH 240		
V&P Elective		
Humanity Elective		
Social Science Elective		
PSYC 107		
SOCI 205		
Directed Electives – Select these from the provided list. Some courses may have prerequisites. Check the course catalog for prerequisites.		
Free Electives – Any credit course. Some courses may have prerequisites. Check the course catalog for prerequisites.		

→ Denotes prerequisite.

+Taking HLTH 481 and 482 will fulfill both Writing Requirements. Student may take HLTH 481 and 482 in the same semester.

Student Name: _____ UIN: _____

ALLIED HEALTH

RESIDENCY REQUIREMENT WORKSHEET

Texas A&M University requires that students complete 36 hours of upper level (300-400) courses at TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper level hours in order to meet this requirement. Consult with your advisor to make sure you meet this requirement.

Allied Health Degree Plan Requirements at Texas A&M University	**Hours Completed At TAMU**
HLTH 334 (3)	
HLTH 403 (3)	
HLTH 410 (3)	
HLTH 429 (3)	
HLTH 335 (3)	
HLTH 342 (3)	
HLTH 353 (3)	
HLTH 354 (3)	
HLTH 481 (1)	
HLTH 482 (1)	
STAT 301, 302, or 303 (3)	
Required Courses Subtotal: 29	
36 – 29 Required Courses= 7 Remaining hours	**7 Hours Remaining**
Other 300-400 Level Electives at TAMU:	
Electives Subtotal:	
Total (Required Subtotal + Elective Subtotal) :	

Reminders:

- Courses must be taken from Texas A&M University in order to count as Residency Hours.
- Courses must be 300-400 level to count as Residency Hours.
- Online courses that are 300-400 taken from TAMU will count as Residency Hours.