

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

Texas A&M University Transfer Course Equivalency Site

https://compass-ssb.tamu.edu/pls/PROD/bwxkwtes.P_TransEquivMain

Texas Common Course Numbering System

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH & KINESIOLOGY
B.S. DEGREE PLAN IN HEALTH – ALLIED HEALTH**

STUDENT _____ UIN# _____
(Last) (First) (MI)

Writing Requirement: HLTH 481 & HLTH 482 Foreign Language (2 years HS OR 2 semesters University) _____

International and Cultural Diversity (6 hours) HLTH 236; e-mail _____

COURSE #	HRS	GRD	COURSE #	HRS	GRD
ENGLISH & SPEECH (6)			REQUIRED COURSES (28)		
ENGL 103/104 – Composition & Rhetoric	3		HLTH 210 – Intro to the Discipline	3	
COMM 203 – Public Speaking	3		HLTH 231 – Healthy Lifestyles	3	
MATH ELECTIVES (6)			HLTH 236# – Race, Ethnicity & Health	3	
MATH 140/141	3		HLTH 240 – Comp Tech in Hlth & Kine	3	
MATH 142 – Business Math II	3		HLTH 331 – Community Hlth	3	
SCIENCE (17)			HLTH 342 – Human Sexuality	3	
BIOL 107^ –Zoology	4		HLTH 354- Medical Terminology	3	
CHEM 101&111- Fund of Chemistry I	4		HLTH 403 – Consumer Health	3	
BIOL 319 %– Integ Hum Anat & Phys I	4		HLTH 429 – Environmental Health	3	
BIOL 320 %– Integ Hum Anat & Phys II	4		HLTH 481(S/U) + Seminar in Allied Health	1	
KINE 120–Science of Basic Hlth & Fitness	1		Professional Phase (13)		
LANGUAGE, PHIL & CULTURE ELECTIVE* (3)			HLTH 335 – Human Diseases	3	
	3		HLTH 353 – Drugs and Society	3	
CREATIVE ARTS ELECTIVE* (3)			HLTH 407 – Global Health	3	
	3		HLTH 410 – Exer & Hlth Prog in Workplace	3	
HISTORY (6)			HLTH 482 (S/U) + Grant Writing	1	
HIST*	3		DIRECTED ELECTIVES (22)		
HIST*	3		SOCI 205- Intro to Sociology	3	
POLITICAL SCIENCE (6)			STAT 302- Statistical Methods	3	
POLS 206 – American National Govt	3				
POLS 207 – State and Local Govt	3				
SOCIAL SCIENCE (3)					
PSYC 107- Intro to Psychology	3				
KINESIOLOGY (1)					
KINE 199 – Req Physical Activity	1		FREE ELECTIVES (6)		

Courses outlined in **BOLD** indicate classes that **MUST** be taken before admittance to the professional phase of the program.
 Courses **SHADED** indicate classes in the **PROFESSIONAL PHASE** of the program.
 ~ HLTH 210 and HLTH 231 must be taken concurrently, or HLTH 231 must be taken before HLTH 210.
 ^ Students planning to go to Physician’s Assistant, Physical Therapy, Optometry, and Pharmacy schools must take **BIOL 111 & BIOL 112**.
 * See Core Curriculum at core.tamu.edu. Electives **MUST** satisfy Core Curriculum requirements.
 # Satisfies Core Curriculum International and Cultural Diversity Requirement.
 + These courses satisfy the core curriculum Writing/Communication Requirements.
 % **Must take BIOL 319 at Texas A&M in order to take BIOL 320 at Texas A&M.**

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120
 ADVISOR _____ DATE _____ PROPOSED GRAD. DATE: _____
 CHAIR, HLTH _____ DATE _____

Allied Health - Catalog 141

This guide is intended to assist students in scheduling. Please update as advisor indicates.

COURSES/ SUBSTITUTION	PREREQUISITE	TCCNS.ORG	ESSENTIAL INFORMATION
ENGL 104/103		ENGL 1302	Needed to apply to Professional Phase; Must have a "B/C" combination in ENGL 104/103 & COMM 203/205.
COMM 203/205		SPCH 1315	Needed to apply to Professional Phase; Must have a "B/C" combination in ENGL 104/103 & COMM 203/205.
Lang, Phil & Culture Elective			See Core Curriculum at core.tamu.edu
Creative Arts Elective			See Core Curriculum at core.tamu.edu
#MATH 140/141/148/152/166/172		MATH 1324	Needed to apply to Professional Phase; Must make a "C" or better.
MATH 142/147/151/131/167/171 or PHIL 240		MATH 1325	Must make a "C" or better.
^BIOL 107/111		BIOL 1413/1406	Needed to apply to Professional Phase; Must make a "C" or better.
CHEM 101&111		CHEM 1411	Needed to apply to Professional Phase; Must make a "C" or better.
%BIOL 319	BIOL 107 or 111&112	BIOL 2401	Needed to apply to Professional Phase; Must make a "C" or better.
%BIOL 320	BIOL 319	BIOL 2402	Needed to apply to Professional Phase; Must make a "C" or better.
KINE 120			Must make a "C" or better.
HIST - 3 hrs		HIST 1301	See Core Curriculum at core.tamu.edu
HIST - 3 hrs		HIST 1302	
POLS 206		GOVT 2305	
POLS 207		GOVT 2306	
PSYC 107		PSYC 2301	Meets Social Science requirement. Must make a "C" or better.
KINE 199			Can take as Pass/Fail or Letter Grade. Must make a "C" or better if taking as a Letter Grade.
HLTH 210	HLTH 231		Needed to apply to Professional Phase; Must make a "C" or better; Can be taken concurrently with HLTH 231.
HLTH 231		PHED 1304	Needed to apply to Professional Phase; Must make a "C" or better.
**HLTH 236			Must make a "C" or better.
HLTH 240/ISTM 209			Needed to apply to Professional Phase; Must make a "C" or better.
HLTH 331			Must make a "C" or better.
HLTH 342			Must make a "C" or better.
HLTH 354			Must make a "C" or better.
HLTH 403			Must make a "C" or better.
HLTH 429			Must make a "C" or better.
HLTH 481			Must take Pass/Fail (S/U).
HLTH 335			Must be accepted to Professional Phase; Must make a "C" or better.
HLTH 353			Must be accepted to Professional Phase; Must make a "C" or better.
HLTH 407			Must be accepted to Professional Phase; Must make a "C" or better.
HLTH 410			Must be accepted to Professional Phase; Must make a "C" or better.
HLTH 482			Must be accepted to Professional Phase; Must take Pass/Fail (S/U).
Directed Electives (22 hours)			Must be chosen from the Directed Elective List; Must make a "C" or better.
SOCI 205		SOCI 1301	Must make a "C" or better.
STAT 301,302, 303	MATH 141/166		Must make a "C" or better.
Electives - 6 HOURS			Any 6 hours not previously applied to the degree plan; Must make a "C" or better.
#Pharmacy and Optometry students please check with your Professional School on your Math requirements.			
%Must take BIOL 319 at Texas A&M University in order to take BIOL 320 at Texas A&M University.			
**Course satisfies 3 hours of the International & Cultural Diversity requirement.			
^Students planning to go to Physician's Assistant, Physical Therapy, Optometry, and Pharmacy schools must take BIOL 111 & BIOL 112.			

**INTENT TO GRADUATE FORM:
DUE Two (2) Semesters Before Your Graduation Semester**

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health - Allied Health (AHO)
Catalog 141

I. ADMISSION REQUIREMENTS TO THE PROFESSIONAL PHASE OF THE PROGRAM

The Professional Phase indicates “preparedness” for upper level coursework.

a. Complete the following courses with a grade of “C” or better:

ENGL 103/104	COMM 203/205	MATH 140/141	BIOL 107/111	CHEM 101&111
BIOL 319	BIOL 320	HLTH 210	HLTH 231	HLTH 240

- May be enrolled in these courses during the semester in which you apply
- Must have a ‘B/C’ grade combination in ENGL 103/104 and COMM 203
- Students planning to go to Physician’s Assistant, Physical Therapy, Optometry, and Pharmacy schools must take BIOL 111

b. Minimum GPR Requirement: 2.5 Overall at TAMU (must have 15 graded hours at TAMU).

c. Submit a resume with application.

Submit application in **Spring for Summer Acceptance, Summer for Fall Acceptance, and Fall for Spring Acceptance.** Your advisor will email you the deadline dates for each semester. Forms are available on the mycehd website (<http://mycehd.tamu.edu>).

NOTE: Approximately 3 weeks after the deadline you will be able to check <https://howdy.tamu.edu> to see that your status has been changed from Health (Lower) to BS- HLTH-Allied Health. This will allow you to register for professional phase coursework. You will receive official notification of your acceptance, or denial, into the professional phase of the program approximately two weeks after TAMU grades are posted for the semester.

II. DIRECTED ELECTIVES

Students must select courses from the Allied Health Directed Electives List (*in degree plan packet*) to satisfy the 16 hour directed elective requirement.

III. RESIDENCY REQUIREMENT

Students must take **36 hours of upper (300-400) level** course work from TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper level hours in order to meet this requirement. *See Residency Worksheet in packet.*

IV. REQUIREMENTS FOR GRADUATION

- a) Submit departmental *Intent to Graduate* form (<http://mycehd.tamu.edu>), and *Residency Worksheet (in packet)* by the deadline, which is **two semesters before graduation** semester. Your advisor will email you the specific deadline dates for each semester.
 - Fall graduation: Spring semester
 - Spring graduation: Summer semester
 - Summer graduation: Fall semester.
- b) Successfully complete ALL degree plan courses with the required grade in each.
- c) Minimum GPR Requirement: 2.5 overall at TAMU
- d) Apply for Graduation and pay Diploma Fee the semester you are graduating.
- e) Transfer all applicable courses to Texas A&M University Admission Office.

V. PROGRESS TOWARDS DEGREE

Students must show progress towards their degree by completing a combined total of 24 credit hours on their degree plan during the fall and spring semesters. At the end of the spring semester, students who did not complete 24 credit hours on their degree plan will be placed on probation. They must complete at least 12 hours on their degree plan plus make up any additional hours not completed the year before during the next fall semester. Failure to do so will result in dismissal from the department.

VI. DEGREE PLANNER REQUIREMENT

All students entering Texas A&M University in fall 2013 or later are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan every year. Students are required to complete the Undergraduate Degree Planner before the start date of their second year. The Undergraduate Degree Planner is in Howdy on the My Record tab in the Undergraduate Degree Planner channel. Guides for using the Undergraduate Degree Planner are also available in Howdy.

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health - Allied Health (AHO)
Flow Chart - Catalog 141

The flow chart below is designed to help students determine when they should take certain courses.

- Prerequisite courses are denoted by arrows.
- Bold Courses must be completed prior to beginning the Professional Phase.
- Students may not take courses in the last column until they have been admitted to the professional phase of the program.
- See the General Rules handout for additional information regarding admission to the Professional Phase.

Courses with no prerequisites Typically taken Year 1 and 2	Courses with prerequisites or upper level standing required.	Professional Phase Courses
ENGL 103/104 COMM 203 MATH 141 OR 166 → MATH 131, 142 or PHIL 240 BIOL107 OR BIOL111 &112 → CHEM 101&111 HIST (3hrs) HIST (3hrs) POLS 206 POLS 207 KINE 120 KINE 199 (S/U) HLTH 210 HLTH 231 HLTH 236 HLTH 240 Language, Phil & Culture Elective Creative Arts Elective PSYC 107 SOCI 205	STAT 302 BIOL 319 BIOL 320 HLTH 331 HLTH 342 HLTH 354 HLTH 403 HLTH 429 HLTH 481+ (S/U)	HLTH 335 HLTH 353 HLTH 407 HLTH 410 HLTH 482+ (S/U)
Directed Electives – Select these from the provided list. Some courses may have prerequisites. Check the course catalog for prerequisites.		
Free Electives – Any credit course for any department. Some courses may have prerequisites. Check the course catalog for prerequisites.		

~ HLTH 231 and HLTH 210 must be taken concurrently, or HLTH 231 must be taken before HLTH 210.

→ Denotes prerequisite.

+ Taking HLTH 481 and 482 will fulfill both Writing Requirements.

Texas A&M University
Department of Health and Kinesiology
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Directed Electives - Catalog 141

Students must select courses from the list below to satisfy the 16 hour professional development electives requirement. Directed electives may be used to satisfy requirements to attend professional school in an Allied Health area. Students are responsible for knowing the requirements for the professional school they pursue. In addition, any other health class not already on the degree plan (with the exception of HLTH 415, 425, 440 and 484) can also be used as a directed elective.

To graduate, Texas A&M University students must meet residency requirement of 36 hours of upper level (300-400 level) courses (HLTH 415, 425, 440 and 484 cannot be used to satisfy this requirement). Students must select electives *wisely* in order to meet the residency requirements in this degree. Please consult with your advisor about this requirement.

*The lists below reflect courses that are required by all or some of the professional school(s) in Texas. Please visit with the **Professional School Advising Office (opsa.tamu.edu)** to learn more about the specific requirements of the school(s) you wish to apply for admission. Each professional school will have its own requirements.

BICH 303 (3 hrs)
BICH 410 (3 hrs)

BIOL 112 (4 hrs)
BIOL 206 (4 hrs)
BIOL 351 (4 hrs)

CHEM 102/112 (4 hrs)
CHEM 227/237 (4 hrs)
CHEM 228/238 (4 hrs)

GENE 301 & 312 (3 & 1 hrs)
GENE 302 or 310 (3 hrs)

NFSC 202 (3 hrs)

PHIL 111 (3 hrs)
PHIL 251 (3 hrs)

PHYS 201 (4 hrs)
PHYS 202 (4 hrs)

PSYC 306 (3 hrs)
PSYC 335 (3 hrs)
PSYC 2314+/307 (3 hrs)

+ PSYC 2314 is not a direct equivalent to PSYC 307; PSYC 2314 can be used toward a Psychology minor.

Student Name: _____

UIN: _____

**Texas A&M University
 Department of Health and Kinesiology
 B.S. Degree Plan in Health - Allied Health (AHO)
 Residency Requirement Worksheet - Catalog 141**

Texas A&M University requires that students complete 36 hours of upper level (300-400) courses at TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper level hours in order to meet this requirement. Consult with your advisor to make sure you meet this requirement.

Allied Health Degree Plan Requirements at Texas A&M University	Hours Completed At TAMU
HLTH 331 (3)	
HLTH 342 (3)	
HLTH 354 (3)	
HLTH 403 (3)	
HLTH 429 (3)	
HLTH 481 (1)	
HLTH 335 (3)	
HLTH 353 (3)	
HLTH 407 (3)	
HLTH 410 (3)	
HLTH 482 (1)	
STAT 301, 302, or 303 (3)	
Required Courses Subtotal: 32	
36 Residency Requirement – 32 hours of required courses = 4 Hours Remaining List other 300-400 Level Electives at TAMU below.	
Electives Subtotal:	
Total (Required Courses Subtotal + Elective Subtotal) :	

Reminders:

- Courses must be taken from Texas A&M University in order to count as Residency Hours.
- Courses must be 300-400 level to count as Residency Hours.
- Online courses that are 300-400 taken from TAMU will count as Residency Hours.