

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

Texas A&M University Transfer Course Equivalency Site

<https://compassx-ssb.tamu.edu/HCA/ssb/transferCourseEquivalency#!/>

Texas Common Course Numbering System

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH & KINESIOLOGY
B.S. DEGREE PLAN IN HEALTH – ALLIED HEALTH**

Student: _____ **UIN:** _____
Last First Middle

Foreign Language: 2 Years of High School or 2 University Semesters **Phone Number:** _____

Writing Requirement: HLTH 481 & HLTH 482 International & Cultural Diversity (3hrs): HLTH 236 Cultural Discourse (3hrs): HLTH 342

Course	Hours	Grade	Course	Hours	Grade
ENGLISH & SPEECH (6 hrs)			REQUIRED COURSES (28 hrs)		
<i>ENGL 103/104 - Composition & Rhetoric</i>	3		<i>HLTH 210 - Introduction to the Discipline</i>	3	
<i>COMM 203 - Public Speaking</i>	3		<i>HLTH 231 - Healthy Lifestyles</i>	3	
			HLTH 236# - Race, Ethnicity & Health	3	
MATH ELECTIVES * (6 hrs)			<i>HLTH 240 - Comp Tech in HLTH/KINE</i>	3	
*	3		HLTH 331 - Community Health	3	
*	3		HLTH 342# - Human Sexuality	3	
			HLTH 354 - Medical Terminology	3	
SCIENCE (17 hrs)			HLTH 403 - Consumer Health	3	
<i>BIOL 107or BIOL 111^ - Zoology</i>	4		HLTH 429 - Environmental Health	3	
<i>CHEM 119 - Fund of Chemistry I</i>	4		HLTH 481+ - Seminar in Allied Health, (S/U)	1	
<i>BIOL 319% - Integ Hum Anat & Phys I</i>	4				
<i>BIOL 320% - Integ Hum Anat & Phys II</i>	4		Upper Level Coursework (13 hrs)		
KINE 120 - Science of Basic HLTH & Fitness	1		HLTH 335 - Human Diseases	3	
			HLTH 353 - Drugs and Society	3	
LANG, PHIL & CULTURE ELECTIVE* (3 hrs)			HLTH 407 - Global Health	3	
	3		HLTH 410 - Health Programs in the Workplace	3	
			HLTH 482+ - Grant Writing, (S/U)	1	
CREATIVE ARTS ELECTIVE* (3 hrs)					
	3		DIRECTED ELECTIVES (22 hrs)		
			SOCI 205 - Introduction to Sociology	3	
SOCIAL & BEHAVIORAL SCIENCE (3 hrs)			STAT elective (STAT 201, 301, 302, or 303)	3	
PSYC 107 - Intro to Psychology	3				
HISTORY (6 hrs)					
HIST*	3				
HIST*	3				
POLITICAL SCIENCE (6 hrs)					
POLS 206 - American National Government	3		GENERAL ELECTIVES (6 hrs)		
POLS 207 - State and Local Government	3				
KINESIOLOGY (1 hr)					
KINE 199 - Required Physical Activity	1				

Italicized courses represent prerequisites for upper level courses. Please see page 2 of packet for clarification.

Courses in **SHADED** area indicate upper level courses which have specific prerequisites.

^ Student should refer to professional school advising to know which Biology to take (BIOL 107 or BIOL 111).

* - See Core Curriculum at core.tamu.edu for course options. Electives **MUST** satisfy Core Curriculum requirements.

- Satisfies Core Curriculum International and Cultural Diversity and Cultural Discourse Requirement.

+ - These courses satisfy the Core Curriculum Writing Requirement.

% - Must take BIOL 319 at Texas A&M in order to take BIOL 320 at Texas A&M.

STUDENT _____ DATE _____ MINIMUM HOURS REQUIRED: 120

ADVISOR _____ DATE _____ PROPOSED GRAD. DATE: _____

Allied Health - Catalog 201931

This guide is intended to assist students in scheduling. Please update as advisor indicates.

COURSES/ SUBSTITUTION	HRS	PREREQUISITE	TCCNS.ORG	ESSENTIAL INFORMATION
ENGL 103/104	3		ENGL 1301/1302	Must make a "C" or better.
COMM 203/205	3		SPCH 1315	Must make a "C" or better.
MATH Elective*	3		MATH 1324	Any Core Curriculum Math Credit Except MATH 150. Must make a "C" or better.
MATH Elective*	3		MATH 1325	Any Core Curriculum Math Credit Except MATH 150. Must make a "C" or better.
BIOL 107/111	4		BIOL 1406/1413	Must make a "C" or better.
CHEM 119	4		CHEM 1411	Must make a "C" or better.
BIOL 319%	4	BIOL 107 or 111&112	BIOL 2401	Must make a "C" or better.
BIOL 320%	4	BIOL 319	BIOL 2402	Must make a "C" or better.
KINE 120	1			Must make a "C" or better.
Lang, Phil & Culture Elective*	3			
Creative Arts Elective*	3			
PSYC 107	3		PSYC 2301	Must make a "C" or better.
HIST - 3 hours*	3		HIST 1301	Any core curriculum HIST credit.
HIST - 3 hours*	3		HIST 1302	Any core curriculum HIST credit.
POLS 206	3		GOVT 2305	
POLS 207	3		GOVT 2306	
KINE 199	1			Can take as Pass/Fail or Letter Grade. Must make a "C" or better if taking as a Letter Grade.
HLTH 210	3			Must make a "C" or better.
HLTH 231	3		PHED 1304	Must make a "C" or better.
HLTH 236#	3			Must make a "C" or better.
HLTH 240/ISTM 209	3			Must make a "C" or better.
HLTH 331	3	HLTH 231		Must make a "C" or better.
HLTH 342#	3			Must make a "C" or better.
HLTH 354	3			Must make a "C" or better.
HLTH 403	3			Must make a "C" or better.
HLTH 429	3			Must make a "C" or better.
HLTH 481	1			Must take Pass/Fail (S/U).
HLTH 335	3	BIOL 320, HLTH 210, 231, 240, ENGL 103/104, COMM 203		Must make a "C" or better.
HLTH 353	3	BIOL 320, HLTH 210, 231, 240, ENGL 103/104, COMM 203		Must make a "C" or better.
HLTH 407	3	BIOL 320, HLTH 210, 231, 240, ENGL 103/104, COMM 203		Must make a "C" or better.
HLTH 410	3	BIOL 320, HLTH 210, 231, 240, ENGL 103/104, COMM 203		Must make a "C" or better.
HLTH 482	1	BIOL 320, HLTH 210, 231, 240, ENGL 103/104, COMM 203		Must take Pass/Fail (S/U); Must make a "C" or better.
Directed Electives (22 hours)	22			Must be chosen from the Directed Elective List in degree plan packet; Must make a "C" or better.
SOCI 205	3		SOCI 1301	Must make a "C" or better.
Electives - 6 hours	6			Any 6 hours not previously applied to the degree plan; Must make a "C" or better.

Courses in SHADED area indicate Upper Level Coursework.

Student should refer to professional school prerequisites to know which Biology to take (BIOL 107 or BIOL 111).

% - Must take BIOL 319 at Texas A&M University in order to take BIOL 320 at Texas A&M University.

- Satisfies Core Curriculum International and Cultural Diversity and Cultural Discourse Requirement.

* - See Core Curriculum at core.tamu.edu for course options. Electives MUST satisfy Core Curriculum requirements.

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health - Allied Health (AHO)
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I. ADMISSION REQUIREMENTS TO THE UPPER LEVEL COURSEWORK OF THE PROGRAM

The following courses are sequenced to indicate “preparedness” for upper level coursework.

a. Complete the following courses with a grade of “C” or better:

ENGL 103/104	COMM 203/205	BIOL 107/111	CHEM 119	
BIOL 319	BIOL 320	HLTH 210	HLTH 231	HLTH 240

- Student should refer to professional school prerequisites to know which Biology to take (BIOL 107 or BIOL 111).

b. Minimum GPR Requirement: 2.5 Overall at TAMU (must have 15 graded hours at TAMU).

All courses must be completed or in progress before registering for upper level coursework. The purpose of this course sequencing is to present material in a logical and orderly way to lay a foundation for students. Once students have this foundation, they will be prepared for the rigors of upper level coursework.

II. DIRECTED ELECTIVES

Students must select courses from the Allied Health Directed Electives List (*in degree plan packet*) to satisfy the 22 hour directed elective requirement.

III. RESIDENCY REQUIREMENT

Students must take **36 hours of 300-499 level** course work from TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more 300-499 level hours in order to meet this requirement. *See Residency Worksheet in packet.*

IV. REQUIREMENTS FOR GRADUATION

- a) Submit departmental *Intent to Graduate Survey* by the deadline, which is **two semesters before graduation** semester. Your advisor will email you the specific deadline dates for each semester along with a link to the survey.
 - Fall graduation: Spring semester
 - Spring graduation: Summer semester
 - Summer graduation: Fall semester.
- b) Successfully complete ALL degree plan courses with the required grade in each.
- c) Minimum GPR Requirement: 2.5 overall at TAMU
- d) Apply for Graduation and pay Diploma Fee the semester you are graduating.
- e) Transfer all applicable courses to Texas A&M University Admission Office.

V. PROGRESS TOWARDS DEGREE

Students must show progress towards their degree by completing a combined total of 24 credit hours on their degree plan during the fall and spring semesters. At the end of the spring semester, students who did not complete 24 credit hours on their degree plan will be placed on probation. They must complete at least 12 hours on their degree plan plus make up any additional hours not completed the year before during the next fall semester. Failure to do so will result in dismissal from the department.

VI. DEGREE PLANNER REQUIREMENT

All students are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan annually. The Undergraduate Degree Planner can be found in the Howdy Portal on the My Record tab in the Undergraduate Degree Planner channel. Guides for using the Undergraduate Degree Planner are also available in Howdy. The Degree Planner typically opens for submission on March 1st and is due for the Health & Kinesiology by August 1st. The Degree Planner is accessible at any time to plan future semesters.

VII. COURSE FORCING

The Health & Kinesiology Department will not force students into any course that does not fall within our department (i.e. HLTH, KINE, and SPMT). If a student is entering their final semester before graduation and needs a course that falls within the Health & Kinesiology Department, they may be able to be forced into that course depending on classroom space. If a course falls outside of the Health & Kinesiology Department, students will need to contact the college and/or department in which that course is housed in order to see if they can be forced in.

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health - Allied Health (AHO)
Directed Electives

Students must select courses from the list below to satisfy the 22 hour professional development electives requirement. Directed electives may be used to satisfy requirements to attend professional school in an Allied Health area. Students are responsible for knowing the requirements for the professional school they pursue. In addition, any other health class not already on the degree plan (with the exception of HLTH 415, 421, 425, 440 and 484) can also be used as a directed elective.

*The list below reflects courses that are required by all or some of the professional school(s) in Texas. Please visit with the **Professional School Advising Office (opsa.tamu.edu)** to learn more about the specific requirements of the school(s) you wish to apply for admission. Each professional school will have its own requirements.

Health Directed Electives	Other Directed Electives
HLTH 216, 214, 221, 222	BICH 303 (3 hrs) BICH 410 (3 hrs)
HLTH 332, 333, 334, 405, 489	BIOL 112 (4 hrs) BIOL 206 (4 hrs) BIOL 351 (4 hrs)
HLTH 285/485 (DIRECTED STUDIES)	CHEM 120 (4 hrs) CHEM 227/237 (4 hrs) CHEM 228/238 (4 hrs)
HLTH 291/491 (RESEARCH)	GENE 301 & 312 (3 & 1 hrs) GENE 302 or 310 (3 hrs)
HEFB 222	KINE 307 (3 hrs) *waitlist required through KINE division
	NFSC 222 (3 hrs) NFSC 320 (3 hrs) NFSC 202 (3 hrs) or *NFSC 203 (3 hrs) *NFSC 203 will only be accepted for the Allied Health Degree if the course was completed by a student as a NUTR major.
	PHIL 111 (3 hrs) PHIL 251 (3 hrs)
	PHYS 201 (4 hrs) PHYS 202 (4 hrs)
	PSYC 235 (3 hrs) PSYC 306 (3 hrs) PSYC 2314 or 225 or 307 (3 hrs) *PSYC 2314 is not a direct equivalent to PSYC 307 *PSYC 2314 can be used as a Directed Elective
	STAT 201 (3 hrs) STAT 301 (3 hrs) STAT 302 (3 hrs) STAT 303 (3 hrs) *STAT 201 Meets statistics requirement but not residency
	VTPB 409 (3 hrs)
	VTPP 425 (3 hrs)

Texas A&M University
Department of Health and Kinesiology
B.S. Degree Plan in Health - Allied Health (AHO)
Residency Requirement Worksheet - Catalog 201931

Texas A&M University requires that students complete **36 hours** of 300-499 level courses at TAMU. If students complete all courses of the Allied Health degree requirements at TAMU, then students will meet the Residency requirement set by the University. Students who transfer in some courses from community college may need to take more upper 300-499 level hours in order to meet this requirement. Consult with your advisor to make sure you meet this requirement.

Allied Health Degree Plan Requirements at Texas A&M University	Hours Completed <u>or</u> Semester Course will be Completed
HLTH 331 (3)	
HLTH 342 (3)	
HLTH 354 (3)	
HLTH 403 (3)	
HLTH 429 (3)	
HLTH 481 (1)	
HLTH 335 (3)	
HLTH 353 (3)	
HLTH 407 (3)	
HLTH 410 (3)	
HLTH 482 (1)	
Required Course Subtotal: 29	
<u>36</u> Hour Requirement – <u>29</u> Required Hours = <u>7</u> Hours Needed List additional 300-400 level course/s taken at TAMU to fulfill 7 hours needed.	
Additional Course Subtotal:	
Total (Required Course Subtotal + Additional Course Subtotal) :	

Reminders:

- Courses must be taken from Texas A&M University in order to count as Residency Hours.
- Courses must be 300-499 level to count as Residency Hours.
- Online courses that are 300-499 taken from TAMU will count as Residency Hours.

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First Fall			First Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
ENGL 103 or 104	3	1, 4	COMM 203 or 205	3	1
BIOL 107 or BIOL 111	4	2	CHEM 119	4	2
PSYC 107	3	2, 4	SOCI 205	3	2, 4
HLTH 210	3	2	HLTH 231	3	2
Directed Elective	3	2, 6	Directed Elective	3	2, 6
TOTAL	16		TOTAL	16	

Second Fall			Second Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
MATH Elective	3	2, 3	MATH Elective	3	2, 3
HIST Elective	3	3, 4	HIST Elective	3	3, 4
HLTH 236	3	2, 4	HLTH 240	3	2
Directed Elective	3	2, 6	Directed Elective	3	2, 6
Free Elective	3	2	Free Elective	3	2
TOTAL	15		TOTAL	15	

Third Fall			Third Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
BIOL 319	4	2	BIOL 320	4	2
HLTH 342	3	2, 4	HLTH 354	3	2
Creative Arts Elective	3	3, 4	Language, Philosophy, Culture Elective	3	3, 4
POLS 206	3		POLS 207	3	
KINE 199	1	5	KINE 120	1	2
			Directed Elective	1	2, 6
TOTAL	14		TOTAL	15	

Fourth Fall			Fourth Spring		
Course	Cr Hrs	Footnotes	Course	Cr Hrs	Footnotes
HLTH 331	3	2	HLTH 335	3	2
HLTH 403	3	2	HLTH 353	3	2
HLTH 429	3	2	HLTH 407	3	2
HLTH 481	1	7, 8	HLTH 410	3	2
Directed Elective	3	2, 6	HLTH 482	1	7, 8
Directed Elective	3	2, 6	Directed Elective	3	2, 6
TOTAL	16		TOTAL	16	

Footnotes:

1. Must have at least a grade of 'B' or better and a 'C' or better in ENGL/COMM courses (core Communications requirement.)
2. Must make a grade of 'C' or better.
3. Must Meet Core Curriculum requirements.
4. Course selection should meet the International and Cultural Diversity and/or Cultural Discourse graduation requirement, if needed.
5. May be taken S/U or for a grade. Must Make a 'C' or better.
6. To be chosen in consultation with your academic advisor. Select from: BICH 303, BICH 410, BIOL 112, BIOL 206, BIOL 351, CHEM 120, CHEM 227, CHEM 237, CHEM 228, CHEM 238, GENE 301, GENE 310, GENE 312, HEFB 222, NFSC 202, NFSC 320, NFSC 222, PHIL 111, PHIL 251, PHYS 201, PHYS 202, PSYC 235/NRSC 235, PSYC 306, PSYC 307. Any Health course not used on the degree plan with the exception of HLTH 415, HLTH 425, HLTH 440 and HLTH 484.
7. Meets University writing requirement.
8. Must take S/U